

## **Red Ribbon Week**

Red Ribbon week began on Monday with an assembly where the five refusal skills were discussed. They (1) Ask questions; (2) Name the Trouble; (3) Identify the Consequences; (4) Suggest Alternatives; and (5) Leave. Mrs. Groom stated that before Red Ribbon Week began, the student council could name all five refusal skills without review. Great job Student Council!

On Monday at an assembly, the student council put on a skit using the refusal skills. In the skit, Cody Frei suggested to Kristin Kaschmitter and Taylor Wilkins that they help him steal some candy. The girls first asked him questions about how he planned to get the candy. After he told his tale, the girls discussed the trouble he'd get into when caught and the consequences. They suggested they all go to the park instead. Cody refused and said he still planned to steal the candy so the girls left. In the end, Cody decided against the theft and joined the girls in the park.

Each morning, stickers with the theme of the day were given out at the door at school. Monday's theme was "Follow your dreams, don't do drugs." Tuesday's theme was "I'm a jean-ius, I'm drug free" with the kids allowed to wear jeans. On Tuesday, the theme stickers were also handed out to parishioners before church. Wednesday's theme was "Smoking gives you dragon breath," with everyone encouraged to dress medieval.

On Wednesday, each class gave a presentation. The 1<sup>st</sup> & 2<sup>nd</sup> graders told the student body what they planned to be when they grew up and they stated they weren't going to allow drugs to interfere with their dreams. The 3<sup>rd</sup> & 4<sup>th</sup> graders made theme posters that they presented. The 5<sup>th</sup> & 6<sup>th</sup> graders prepared skits with one group performing a rap. The 7<sup>th</sup> & 8<sup>th</sup> graders made a slide show about the negative effects of drugs.

We thank our student council for taking a lead in this. Remember parents, Red Ribbon Week is not just about saying "no" to drugs, it's about learning to say "no" to any negative influence.